

We clean weekly from 2.5 hours to 4 hours or more including ironing. You have the same cleaner each week, so they'll know your requirements, likes and dislikes.

Not happy? No problem! If you do not like your cleaner for any reason, we'll replace her – until we find your ideal cleaner.

Special Offer 2006



while you are a client, you benefit from 50% off all B&B* at Craig y Nos Castle Hotel and Spa.



*Applies to all B&B superior en-suite, standard en-suite & budget rooms for as long as you are a client of SelClene – subject to availability



All our cleaners are 100% fully vetted, personally interviewed and trained to the SelClene Standard.

Don't delay – call us **NOW** to discuss your requirements without any obligation.

FREEPHONE

0800 781 8080

Email info@selclene.co.uk
or visit www.selclene.co.uk
London office **0208 968 4013**

Why not put your feet up?



We'll give you back your time

Employ a cleaner for 3 hours a week, and you'll save yourself **156 hours** of housework a year.

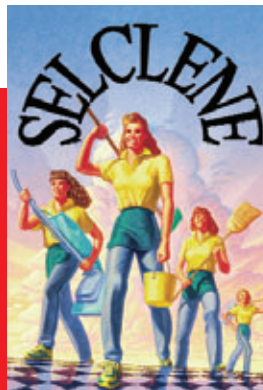
That's **NINETEEN** eight-hour days each year!

Need help with your cleaning and ironing?

Prefer someone who lives locally?

We provide reliable cleaners for over 10,000 householders nationally. All our

cleaners are insured, and are vetted for honesty, reliability and ability.



Let us do all your cleaning and ironing



**We clean so you don't have to...
all you have to do is come
home and put your feet up**



Our cleaners will:

1 Clean inside windows, window sills and wipe window frames.

2 Clean, sweep, mop and polish floor tiles, wooden floors, and laminate flooring.

3 Vacuum carpets and soft furnishings, leaving your home clean and fresh.

4 Always clean where others miss, UNDER furniture, removing dust and dirt!

5 Polish and shine basins, bathroom mirrors, shower enclosures and baths, loos and bidets.

6 Wash your dishes, drying and putting away.



7 Iron up to eight shirts an hour.

8 Make the beds.

9 Empty household and kitchen bins.

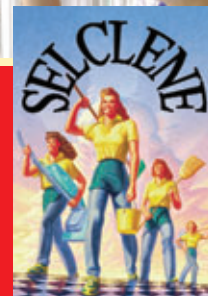
10 Load and empty washing machine and dryer.

11 Run local shopping errands for you. Just leave a note and some change.

12 Spring-clean kitchen, polish floors, wipe / clean surfaces, inside of fridge, walls and windows.

13 Clean oven, hob and oven trays.

14 Moving? We send in a team of cleaners for once-off spring cleans, tenancy change-overs and builders cleans (special rates apply).



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